

DENISE ERVIN, DNP, RN, NC – BC

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PASSIONATE CLINICIAN, EDUCATOR, & WELLNESS ADVOCATE | OVER 20 YEARS OF EXPERIENCE

Nursing Faculty | Acute Care Nursing | Holistic Wellness Consulting | Program Design

Dynamic health innovation leader and visionary, transforming healthcare through accessibility and strategic system design, yielding safer, more rewarding, more profitable enterprises. Promotes work/life balance, physical, emotional, and spiritual wholeness to achieve full potential. Leveraging 17 years of nursing experience across oncology, cardiology, and acute care, offers valuable background as nursing faculty in clinical instruction and nursing teaching methodology. Integrating broad nursing background, inspiring teaching skills, and keen business savvy, founded and managed two successful wellness consulting firms for over 12 years. A fluid interdisciplinary collaborator, a diversity and inclusion champion, shaping tomorrow's health leaders with unwavering dedication.

Oncology | Cardiology | Neurology | Acute Care/ICU | Holistic Health | Chronic Condition Management
Healthcare Program Analysis & Design | Service Delivery Process Improvement | Cost Analysis
Nursing Instruction | Integrative Nurse Coaching | Wellness Coaching | Nutrition & Fitness Instruction
Curriculum/Course Development | Clinical Instruction | Nurse Precepting | Student Advising
Regulatory Reporting & Audits | Clinical Quality Management | Infection Control
Operations Management | Marketing | Data & Trend Analysis | Key Performance Indicators (KPI)

PROFESSIONAL EXPERIENCE

HEALTHCARE CONSULTING

CEO | INTEGRATIVE HEALTHCARE PRACTITIONER ♦ *INFINITE WELL BEINGS LLC*

Detroit MI ♦ Jan. 2012 - Present

Consult to diverse institutions in designing comprehensive, innovative programs targeting workplace wellbeing, healthy lifestyles, and professional development through workshops, classes, and 1:1 coaching:

- **BROAD CLIENT REACH:** Serve clients across healthcare, community, and economic development settings. Conducted workshops for VP and direct-level staff from Detroit Future City, Rocket Mortgage, Detroit Agency for Aging, and Corewell Health. To date, over 1000 clients have completed programs.
- **CUSTOMIZED DESIGN:** Collaborate with nursing leadership and human resource teams to assess enterprise needs, tailoring coaching to groups and individuals seeking greater work/life balance.
 - **Employee Wellness:** Focuses on shaping healthy habits at work and home with an integrated, holistic approach connecting body, mind, and spirit. "Workplace Wellbeing" was conducted through a graduate nurse residency program, addressing stress management, burnout, and resilience.
 - **Integrative Nurse Coaching:** Leverage broad nursing experience to address the physical, emotional, and spiritual needs of nurses and other clinicians, optimizing personal and professional potential. Provide solutions to stress management, healthy lifestyles, and management of chronic conditions. Coaching covers nutrition and exercise counseling, chronic condition management, energy healing, and meditation. Workshops have included "Integrative Nurse Coaching: A Model for Self-Development, Health Promotion and Healing" (one-day program). Prior to COVID, this program ran 3 cohorts in a large healthcare institution. Other programs have included "Team Building through Human Centered Design & Coaching," conducted through a nursing informatics department at a large healthcare organization.

- **KEEN AUDIENCE ANALYSIS:** Apply warmth and intuitive skills to adapt coaching style, based on class or group makeup, adjusting pace and presentation styles for optimal impact.

FOUNDER | RN | PROGRAM DESIGNER ♦ EMBODYMENT WELLNESS & FITNESS CENTER

Phoenix AZ ♦ Jan. 2008 - Dec. 2010

Serving as wellness educator, fitness professional, and business owner, developed and implemented holistic wellness programs for individuals and small groups ages 40 - 65, primarily women. A special program for male and female addicts was conducted in collaboration with a social worker and board-certified naturopathic physician.

- **INNOVATIVE PROGRAM DESIGN:** Created an intensive 12-week lifestyle transformation program tailored to women, featuring lectures and workshop formats.
- **CUSTOM TAILORED INSTRUCTION:** Adapted training approach to individual audiences.
- **SMOOTH OPERATIONS MANAGEMENT:** Managed all facets of operations and marketing, leveraging keen organizational skills.

NURSING FACULTY

ADJUNCT CLINICAL NURSING INSTRUCTOR ♦ HENRY FORD COMMUNITY COLLEGE

Dearborn MI ♦ Sept. 2012 - May. 2021

Provided comprehensive clinical instruction for 7 - 8 nursing students, covering Fundamentals, Medical Surgical, and Management Rotations. Shared a driving passion for the nursing field, using warmth and intuitive skills to motivate and inspire students.

FACULTY ♦ INTERNATIONAL NURSE COACH ACADEMY

Dearborn MI ♦ Jan. 2016 - April 2020

Conducted Integrative Nurse Coach Certificate Programs (6-month program) and "Integrative Nurse Coaching: A Model for Self-Development, Health Promotion, and Healing" (one-day program). Instilled holistic health philosophies with a compassionate, accessible teaching style, drawing upon insights from 17 years of clinical experience. Assisted with student recruiting campaigns.

REGISTERED NURSING

CRITICAL CARE ♦ BEAUMONT HEALTH ♦ Metro Detroit MI ♦ Jan. 2012 - Dec. 2017

Provided compassionate care to 2 - 4 critically ill, stress lab, electrophysiology, and cath lab patients across a 3288-bed regional healthcare system.

ACUTE STROKE CHARGE NURSE ♦ THOMAS JEFFERSON HOSPITAL ♦ Philadelphia PA ♦ Jan. 2010 - Dec. 2011

Managed 3 - 4 patients suffering TPA, acute strokes, brain aneurysms, and neurosurgery of PCU as a traveler for an independent 957-bed facility. Precepted graduate and student nurses.

ICU FLOAT ♦ ST. JOSEPH MEDICAL CENTER ♦ Phoenix AZ ♦ Jan. 2006 - Dec. 2009

Cared for 2 critically ill patients in all ICU settings, serving level 1 trauma patients.

INFUSION | LAB DIRECTOR | HEALTH EDUCATOR ♦ LONGEVITY MEDICAL CENTER ♦ Phoenix AZ ♦ Jan. 2007 - Dec. 2008

Collaborated with 8 naturopathic physicians, providing IV therapy and health education to diverse patients, including oncology, weight loss, women's and men's health.

ONCOLOGY | NEUROTRAUMA ICU ♦ HURLEY MEDICAL CENTER ♦ Flint MI ♦ Jan. 2000 - Dec. 2006

Served 6 oncology and surgical patients in a level 1 setting. Managed 2 critically ill level 1 neuro-trauma patients. Managed 3 - 4 patients in an intermediate neuro-trauma context. Preceptor for student nurses, charge nurse duties, and pain management nurse practitioners. Served as representative on the Nurse Counsel Committee, leveraging keen communication and presentation skills.

PROFESSIONAL CERTIFICATIONS

- Healthcare Design and Innovation Certificate
- Institute of Healthcare Improvement's (IHI) Open School Basic Certificate in Quality & Safety
- Certified Integrative Nurse Coach (First in Michigan)
- Reiki Master
- Yoga RYT 200

PUBLICATIONS

- Michigan Nurses: Making a Difference for Centuries, American Nurses Association, Michigan, Jul 5, 2023
- Michigan Nursing Practice Has Not Been Shaken, American Nurses Association, Michigan, Nov 5, 2022
- Battling Burnout Through Nurse Coaching: Stories from the ICU, Beginnings, Jun 5, 2019

PRESENTATIONS & WORKSHOPS

- Creating Healthier Work Environment Conference, Sigma Theta Tau, *in-person rapid presentation*, Austin, Texas, February 2023. Sigma Theta Tau is an international Honor Society of Nursing.
- Corewell Health 6th annual Research Conference, *virtual conference speaker*, May 2023.
- Midwest Nursing Research Society Conference, *poster presentation*, Des Moines, Iowa April 2023.
- "Fostering the Recovery and Wellbeing of Nurse Leaders: A Quality Improvement Project in An Acute Care Setting, *DNP Project, 2022.*
- "Storytelling for Health & Wellbeing: An Integrative Approach," presented to the 20th annual Me, Myself, and I retreat for the One-on-One Ovarian Cancer Support Group, May 2022.
- "Integrative Nurse Coaching: A Model for Self-Development, Health Promotion and Healing," *Beaumont Health Nursing Workshop 2017, 2018, 2019).*
- "The Integrative Nurse in Valued Based Care - Lean as an Enabler," *Michigan Lean Consortium 6th Annual Healthcare Symposium, May 2017.*
- "Community Veteran's Service Organizations Panel, *Michigan Women Veterans Empowerment Conference 2017. Michigan Women Veterans Empowerment Conference - Women Veterans 'Unmask' Event.*
- "How to Live a Balanced Life." *Michigan Women Veterans Empowerment Conference 2016.*
- "How Becoming an Integrative Nurse Coach Transformed my Bedside Practice," *One Beaumont Health Nurse Retreat. May 2012.*
- "Inspiring and Aspiring from the Heart," *Healthcare Professionals Training: Heartfulness Meditation Program, 2018.*
- "Building the Foundation to Optimal Health: An Integrative Approach." *12-week program, small group format.*
- "Heal the Healer," *Women's Wellness Retreat, Phoenix AZ.*
- Oakwood Medical Center yearly staff departmental meeting - Large Group Format.

PROFESSIONAL AFFILIATIONS

- American Nurse Association, Michigan chapter, Nurse Practice Committee.
- Midwest Nursing Research Society Active member
- American Nursing Association, National chapter, active member
- Sigma Theta Tau active member, an elite international nursing professional association.
- National Founding Member, Detroit Holistic Chamber of Commerce
- President and Treasurer, Student Nurses Association: University of Michigan - Flint

ACADEMIC AWARDS

- Bentson Doctorate in Nursing Practice Scholarship
- University of Michigan - Flint Scholar Award

SOFTWARE SKILLS

- **ELECTRONIC MEDICAL RECORDS (EMR):** EPIC ♦ Cerner
- **DATA MANAGEMENT:** MS Excel
- **BOOKKEEPING:** Xero ♦ QuickBooks
- **DESKTOP PUBLISHING/GRAPHICS:** PowerPoint ♦ Canva ♦ Wix
- **PRODUCTIVITY:** Google Suite ♦ MS Suite

EDUCATION

Doctor of Nursing Practice, Health Innovation & Leadership, May 2023

University of Minnesota. Twin Cities

Thesis: Fostering the Recovery and Wellbeing of Nurse Leaders: A Quality Improvement Project in an Acute Care Setting
Studies included global and planetary health.

Bachelor of Science in Nursing

University of Michigan-Flint, 2000

Integrative Healthcare Fellowship

Beaumont Health and University of Michigan, 2018

[Integrative Nurse Coach Academy](#), 2014, 2015

Global and Planetary Health

- Reykjavík Iceland - May 2022
Studied global public health issues, analyzing the United Nations' 17 sustainable goals. Studying alongside local nursing students, supported in the formulation of global healthcare solutions, evaluating cultural factors influencing the design and delivery of patient care.
- Cuba - March 2023
Studied the unique features of a prevention-based, data-driven healthcare system, serving as a healthcare system rather than an illness care system. This healthcare system fulfills the requirements of the Institute for Healthcare Improvement (IHI) Quadruple Aim for healthcare systems.